



Commanding Officer
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U.S. NAVAL SEA CADET CORPS

F.D. ROOSEVELT SQUADRON and T.S. ROOSEVELT
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FDR-TSR PLAN OF THE DAY

The Plan of the Day is an official document of F.D. Roosevelt Squadron and Training Ship Roosevelt. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Squadron personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules.

CDO: HT1 P. DeNicola
LPO: PO2 D. Dollar

25-May-24

Uniform of the Day
Officers: Alternate Working
Auxiliary: Alternate Working
CPO: PTU
Cadets/PO: PTU

Drill Hours: 0730 -1500

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|------|----------------------------------|------|--------------------------------|
| 0700 | *FDR Leadership Muster | 1200 | Chow |
| 0730 | Quarterdeck Opens | 1330 | Clean Up Mulberry Cove Marina |
| 0745 | Muster Formation (Roll Call) | 1400 | Step Off to Unit |
| 0800 | Colors | 1500 | Arrive at Unit and Secure Gear |
| 0805 | Pre to Step Off | 1515 | Dismissal |
| 0815 | Step Off to Mulberry Cove Marina | | |
| 0845 | Liberty at Mulberry Cove Marina | | |

***Cadet Leadership Only**

Drill Notes:

Cadets: Bring personal hydration and their Sea Cadet ID's

Cadets/Parents: **Any cadet arriving after 0745 will be considered tardy.** Please plan to arrive between 0715 and 0730 to avoid being tardy.

Parents: The Squadron will be providing chow, but if a cadet wants to bring their own personal chow they may do so.

Important Cadet/Parents: **This is the final drill before breaking for Summer. The Squadron will not be accepting anymore training requests besides those that are already being worked on. Do not put in a training request. During the break please be on the look out for emails as we will let you know when we will restart next year's drill season and other important information.**

Appearance/Uniform of the Day (UOD)

- All cadets will report in UOD and note any additional uniform changes for the drill - BRING ALL ITEMS FROM YOUR UNIFORM TO DRILL. Do not wait until the morning of drill to assemble your seabag.
- Cadets need to try on all issued uniform items before drill. If something needs to be replaced or swapped out, please put that item in the seabag and inform your FDR staff cadets or complete a supply request
- Grooming Standards: Males must have proper haircuts and clean-shaven face. Females-proper hair style, hair color. No unnatural hair color. Cadets without regulation haircuts, will be given a “free” haircut.

Attendance is Mandatory - You must attend 75% of all scheduled drills to remain a member of this unit. Valid reasons include illness, school/family/church obligations. You MUST submit a Leave of Absence form (found on website) to be excused. Absences regardless of reason, counts against the unit.

General Knowledge – Sea Cadets Rates and Ranks, US Navy Rates and Ranks, 11 General Orders, Sailor’s Creed, Sea Cadet Oath, and Chain of Command [All information can be found in Cadet Drill Assignments]

Sea Bag List

- ALL CADETS ARRIVE IN PTU (with white socks), and Sea Cadet ID card in hand.
- Extra Set of PT Gear: NSCC PT Shirt or Yellow Shirt (if cadet did not buy additional PT Shirt), NSCC PT Shorts or Navy Blue Shorts (if cadet did not buy additional PT Shorts), Underwear, and White Socks
- Towel [recommending a beach-sized towel]
- Small bag [Small bag will be used to wet clothes for conclusion of Swim Quals]
- Shower Shoes [Flip Flops / Open Toe Shoes]
- Sea Cadet ID. If your ID has expired, or you have not received your ID card, inform your cadet command
- Bring personal chow OR enjoy chow provided
- Personal hydration pack (bottle of water, camelbak or attached full canteen on a belt)
- Swim Wear: Males Swimming Trunks and Females One Piece Swimsuits

Authorized swim wear for MALES is PLAIN Blue/Navy Blue/Black swim trunks OR PT Gear.

Authorized swim wear for FEMALES is PLAIN Blue/Navy Blue/Black ONE PIECE AND PT Gear.

Females have the option to conduct swim evolution in a one piece OR PT Gear with one piece underneath. Failure to comply with guidance may disqualify cadet from Swim Qual at the discretion of the Training Officer