



Commanding Officer
CW2 Oscar Diaz, ARNG
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U.S. NAVAL SEA CADET CORPS

F.D. ROOSEVELT SQUADRON AND
 T.S. ROOSEVELT
 NAVAL AIR STATION JACKSONVILLE
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Executive Officer
LT Margaret Dees, NSCC
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FDR-TSR PLAN OF THE DAY

The Plan of the Day is an official document of F.D. Roosevelt Squadron and Training Ship Roosevelt. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Squadron personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules.

CDO: CPO W. Price, USN ret.
 LCPO: CPO R. Dubnansky CPO:
 CPO S. Reed
 LPO: PO1 M. Laezza
 TSR LPO: PO1 V. Gilbert

19-NOV-22

Uniform of the Day
 Officers/CPO: PTU/Type 3
 Auxiliary: Alternate Working
 CPO: PTU/Khaki
 Cadets/PO:PTU

Word of the Day - General Order of the Day:

Drill Hours: 07□ -15□

0715-0745 *Cadet Command Brief	1000 -1130 Riverfront: TS Nicole Cleanup
0745-0800 Check-in and Muster	1130-1200 Chow (All)
0800-0805 Morning Colors	1200 -1400 Riverfront :TS Nicole Cleanup (All)
0805-0900 Morning Training Modules:	1400-1430 Move to unit
TSR: Community Service project	1430-1500 TSR/FDR: Clean up/Prep for Dismissal
FDR: Brightfutures/USNA presents	Pew Cadets: Prep for Onboard Ceremony
0900-1000 Move to base riverfront for cleanup	1500-1515 Awards & Dismissal
	1515-1530 *Cadet Command: After Action Meeting

New Cadets Morning POD:

0 45-0800 Check-in and Muster
 0800-0805 Morning Colors
 0805-1100 Onboarding/Uniforms
 1100-1130 Move to base riverfront for cleanup

*** For Cadet Leadership Only**

Drill Notes:

Drop Off Procedure/COVID Screening-

- If cadets are feeling ill or running a temperature or have been recently exposed to anyone diagnosed with COVID or anyone sick, please keep them home. If cadets are showing any symptoms or if they develop them during drill, they will be separated and sent home.
- All drills are subject to cancellation per local, state, or federal authority as well as USNSCC order.

Appearance/Uniform of the Day

- All cadets will report in UOD.
- **ALL NEW CADETS: Arrive in plain t-shirt (black, navy, grey) and "basketball" shorts. If weather dictates, you may also bring plain sweat pants and sweat shirt (worn over shorts!). Please bring a duffle bag or backpack to carry your uniforms in once issued.**
- Grooming Standards: Males must have proper haircuts (#2 on the side), and clean-shaven face. Females- proper hair style, hair color. Cadets without regulation haircuts, will be given a “free” haircut.

Chow/Hydration – cadets should have breakfast before muster and bring their own food for chow. **PLEASE LABEL YOUR CHOW WITH YOUR NAME**. All cadets SHALL bring a full hydration pack (bottle of water, camelback, or attached full canteen on a belt). No refrigeration or microwave available.

Attendance is Mandatory - You must attend 75% of all scheduled drills to remain a member of this unit. Valid reasons include illness, school/family/church obligations. You MUST submit a Leave of Absence form (found on website) to be excused. Absences regardless of reason, counts against the unit.

General Knowledge – Military Ranks, 11 General Orders, Sailor’s Creed, Navy Terms, Customs and Courtesies

Sea Bag List

1. ALL CADETS ARRIVE IN PTU. Wear sturdy athletic shoes.
2. Sea Cadet ID (does not apply to New Cadets).
3. STUDY GENERAL ORDER AND WORD OF THE DAY.
4. Chow and Personal Hydration

